

## CASE STUDY

# WHAT TRAIL CAN WE DEVELOP?

The school explored this activity with Years 4, 5 and 6. All learners were working within progression step 3. Learners were keen to extend their Active Travel project in school recognising that being outdoors improved people's health and well-being. They considered different types of trails to ensure that most people would wish to try at least one of the trails.



One class of learners produced a Nature Trail around Fishguard and Goodwick, as they wanted to compare species they'd found in the

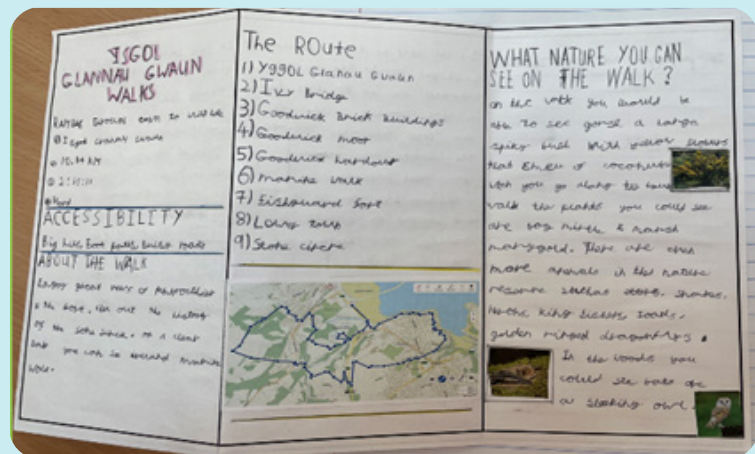
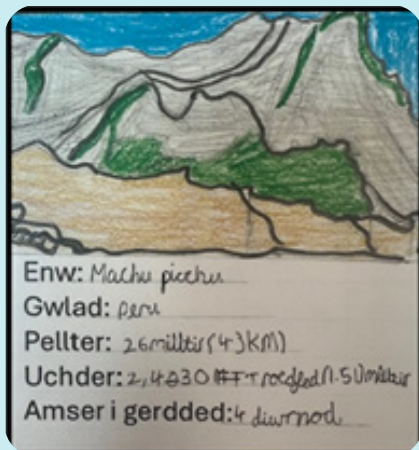
school grounds to those away from school. They worked on measures and estimating to ensure distances in their final leaflet were accurate and investigated plants and animals that could be found along their trail, supplementing their knowledge with identification guides.



Another class developed a Historical

Trail in Fishguard, researching their local area to decide on the historical places their trail could include. They wanted people to find out more about the heritage and history of the town.

Learners studied measures and elevation, expanding the activity by looking at famous trails in different countries.



A Scooter Trail was developed starting at Fishguard Library. Once parents and carers had tried the trail, any feedback received was implemented to improve the trail and its leaflet. The final trail leaflet was printed and set up at the library with a competition to win a scooter.

**Activities**  
Seaways -design a book mark  
Library-scrap book  
Ocean Lab-find the fish trail  
Dolphin fish and chips-certificate and more!

**Aimed at all ages, you can scoot or walk!**

**Free scooter trail!**  
If you don't own a scooter Or have a bigger enough scooter you can loan a scooter from Ysgol Glannau Gwaun!  
Ask Mrs Osborne's class for a form to borrow a scooter.

**Scooter activity Trail**  
Welcome to Ysgol Glannau Gwaun scooter trail!  
Bored? Want a fun trail with activities for free? Well look no further, we have created a fun scooter trail that has activities which goes around Fishguard and Goodwick. Have an amazing experience with your family and friends!

**Once you've finished your adventure scan the QR code for the chance to win a scooter**

**FOLLOW THE FISHGUARD SCOOTER ROUTE!**  
By Pupils of Ysgol Glannau Gwaun.

**How does it work?**  
Stop at the activities and join in with the fun!

**What is the trail?**  
The trail is a scooter trail going round Fishguard and Goodwick with fun activities on the way

**Safety**  
• Helmet  
• Be careful when it's steep, rocky or slippery

**WHAT THE TRAIL WAS MADE FOR:**  
The trail was made for getting people outside and enjoying nature. Being outdoors is proven to help refresh your mind and help you calm down.

**Abergwaun Fishguard**

**Start and end**  
This trail starts at the library and ends at the Dolphin fish and chips. Look at the route on the map..

**PASSPORT**  
In every location is a box with stickers in. After you complete the task you can get a sticker and fill in the circle with it. Once all of the circles are filled collect your certificate.

- 1. Library scrap book
- 2. St. Mary's church
- 3. Seaways
- 4. Stone circle (No box)
- 5. Leisure centre
- 6. Beach
- 7. Ocean Lab
- 8. Dolphin fish and chips